CONTENTS

3. Names of Components

- This manual describes the procedure for using your watch based on the example of a model with the crown at the 3:00 position. The explanation is the same for other models except that crown is at the 12:00 position instead of the 3:00 position.
- The alarm scale is divided into 10 second units, while the chronograph scale is divided into 1/5 second units.

<Models with the crown at the 3:00 position>

<Models with the crown at the 12:00 position>

V The design may vary depending on the model.

1.	Charge indicator hand

4. Operating the Crown

Helpful Hint for Accurately Setting the Time:

6. Using the Chronograph

- The chronograph is capable of timing and displaying the time for up to 12 hours in 1/5 second units. The chronograph stops automatically when 12 hours have elapsed.
- When starting timing, first check that each of the chronograph hands has returned to 12:00 . If the hands are not at 12:00, press button (B) to return them.
- The force required to press button (A) is slightly greater when starting timing for the first time to indicate that chronograph timing has begun. Firmly press button (A) until a clicking sound is heard.

[Timing Procedure]

1. Press button (A) when the watch is in the chronograph reset state to start timing. Press button (A) again to stop timing.
   - Timing starts and stops repeatedly each time button (A) is pressed.

[Chronograph Reset State]

[Note]

- When pressing button (A), be careful not to also press the alarm crown at the same time. This is particularly important in the case of models in which the crown is located at the 12:00 position.

<When Resuming Timing after 12 Hours have Elapsed>

• When timing has continued for 12 hours, timing is stopped automatically and each of the chronograph hands stops at 12:00. In this case, always make sure to reset the chronograph before additional timing since it is not reset to zero at this time.

[Reset Procedure]

1. Press button (A) to stop the chronograph.
2. Press button (B) to reset the chronograph.
   • This resets the chronograph following 12 hours of timing. Timing can be resumed by pressing button (A).

[When Chronograph Second Hand has not been Properly Reset]

7. Using the Alarm

• The alarm function uses a 12 hour indicator hand.
• When the alarm hand has been set to ON, the alarm sounds for 20 seconds when the set time is reached. Furthermore, the alarm will only sound once. Since the alarm is based on 12 hour clock, the alarm sounds twice in the AM and PM when it has been set.
• Since an indicator hand is used to set the alarm time, there is a certain degree of error in

9. General Reference for Charging Times

The time required for charging varies according to the model of the watch (color of the dial, etc.). The following times are shown below to serve only as a reference.

10. Functions Unique to Solar-Powered Watches

If the watch has changed from the normal time display to the insufficient charge warning display, charge the watch by allowing light to shine on it while referring to section 9 entitled “General Reference for Charging Times” until the charge level indicator hand points to “Level 3”.

WARNING: Handling of Secondary Battery

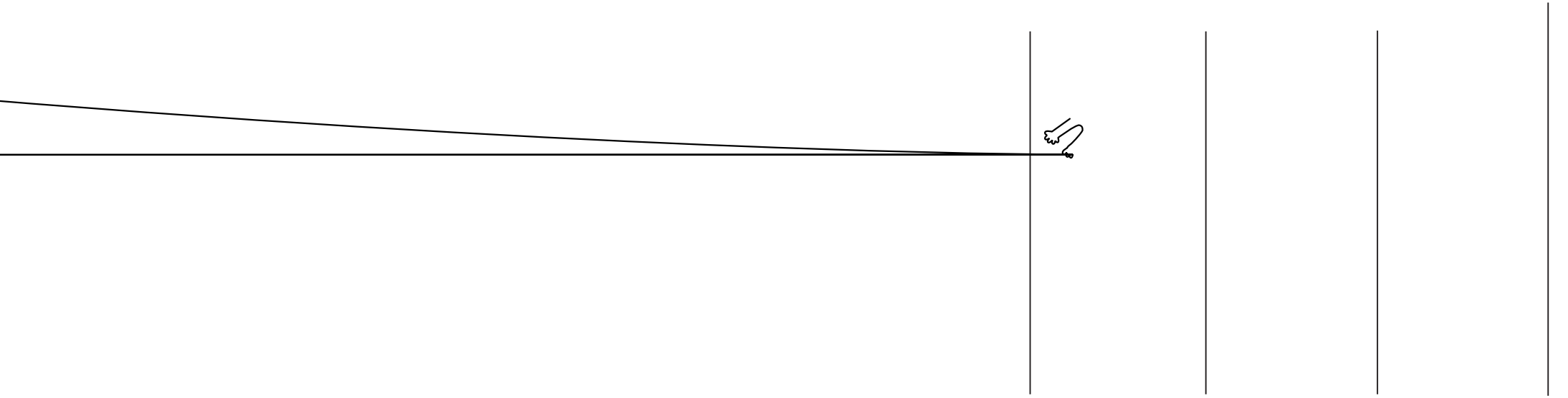
- Never attempt to remove the secondary battery from the watch.
- If the secondary battery must unavoidably be removed, store it out of the reach of small children to prevent accidental swallowing.
- If the secondary battery should happen to be swallowed, consult a physician immediately and seek medical attention.
- Send in your watch for repairs when it is necessary to replace the secondary battery.

12. Replacing the Secondary Battery

Although it is not necessary to replace the secondary battery, there are rarely cases in which defective charging may occur. For example, promptly send in your watch for repairs if it is not charged to Level 3 even when charged according to the General Reference for Charging Times.

13. Using the Tachymeter (When Provided)

The tachymeter feature is used to measure traveling speed such as that of an automobile.



WARNING: Water-resistance performance

CAUTION: