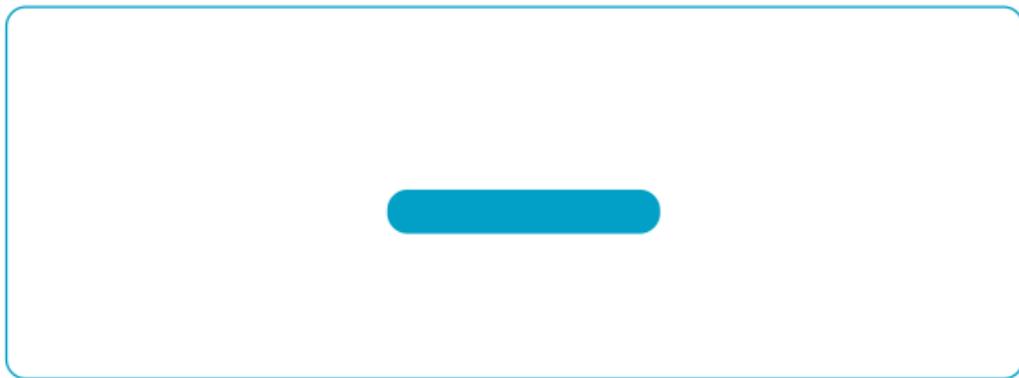


SETTING THE TIME AND ADJUSTING THE STOPWATCH HAND POSITION

1. *When the stopwatch is or has been measuring or is stopped, if the crown is pulled out to the second click, it will automatically reset the STOPWATCH hands to "0".*
2. *It is recommended that the hands be set to the time a few minutes ahead of the current time, taking into consideration the time required to adjust the STOPWATCH hand position if necessary.*

Press for 2 seconds to select STOPWATCH hand(s) to be adjusted.



- Before setting the date, be sure to set the main time.



English



TACHYMETER (for models with tachymeter scale on the dial)

To measure the hourly average speed of a vehicle

1 Use the stopwatch to determine how many seconds it takes to go 1 km or 1 mile.

Ex. 1

2 Tachymeter scale indicated by STOPWATCH second hand gives the average speed per hour.

- Tachymeter scale can be used only when the time required is less than 60 seconds.
