

This manual contains instructions that should be strictly followed at all times

Before using this watch

How to use a specially designed crown/push button

Recessed buttons

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Component identification



Charging your watch

When the watch reaches a low charge state (insufficient charge

Charging time by environment

Below are the approximate times required for charging when exposing the watch dial to light continuously. This table is for general reference only and does not represent exact charging times.



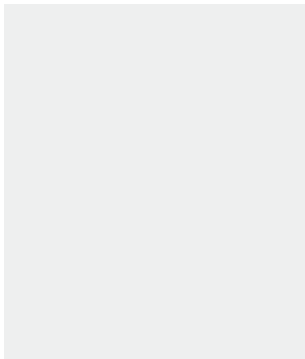
Function for switching the home time and the local time

Setting Summer Time (SMT)

Setting Summer Time (SMT)

3. Press and release the lower right button

Notes on the time signal reception



Poor reception areas

It may be difficult to receive the time signal properly under certain environmental conditions or in areas susceptible to radio noise.

‡ 7j fdW VkZaf adUaV

1. Ensure that the crown is in position 0 .
- 2.

Adjusting the time/calendar manually

4.

Adjusting the time/calendar manually



Precautionary items and usage limitations

‡ BSW

<Strong Shock>

‡ 3h[VVabb]` YfZW SIZ adegTWf` Y[f fa afZWfda` Y[bSuf;f_ SkUSgeW S%g` U[a` eS` V!

Caring for Your Watch

† I [bW\$ k V[d ad_ a[efgWgUZSebwB[ds[a` Xa_ fZWSeW\$ VUkaS^

