



You are now the proud owner of a SEIKO Analogue Quartz Watch Cal. 7T04. For best results, please read the instructions in this booklet carefully before 1(7T04. 8f51(7T044Ms4n44Ms4n4ActAnalogue )-ActQuartz )-ActWatch. this manual handy for ready reference.

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**=** *For the care of your watch, see "TO PRESERVE THE QUALITY OF YOUR WATCH" in the attached Worldwide Guarantee and Instruction Booklet.*















## TELEMETER (for models with telemeter scale on the dial)

- ˘ The telemeter can provide a rough indication of the distance to the source of light and sound.
- ˘ The telemeter indicates the distance from your location to an object that emits both light and sound. For example, it can indicate the distance to the place where lightning struck by

## BATTERY CHANGE

The

