

SEIKO



READ FIRST



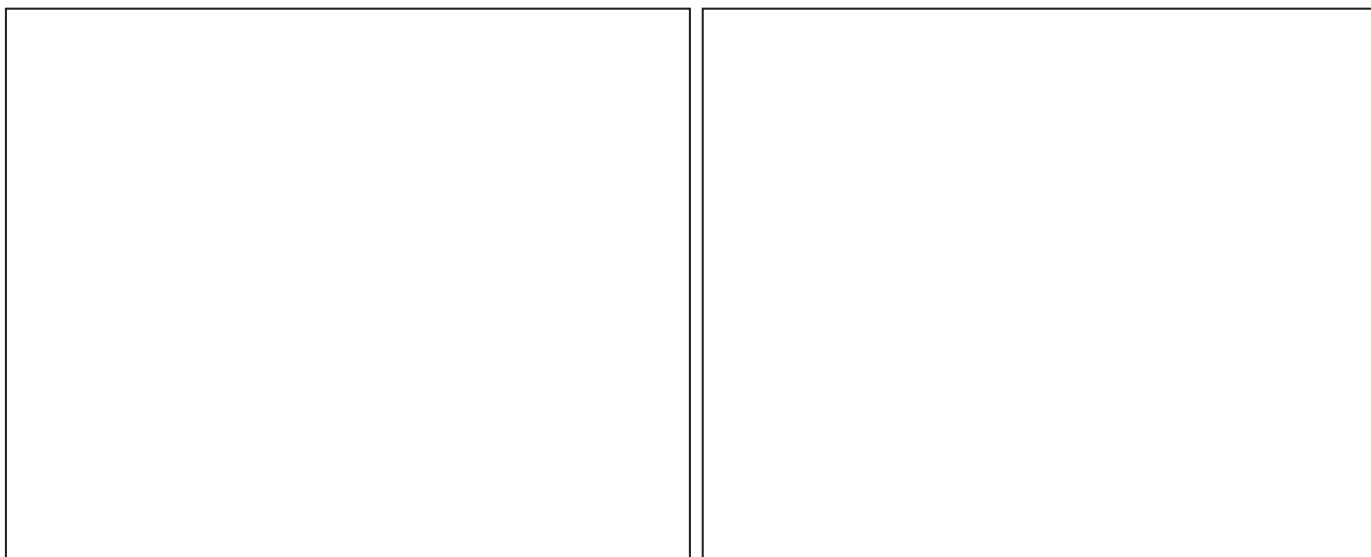
CONTENTS

Complete User Guide

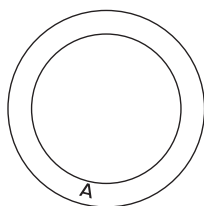
5X53 GPS SOLAR WATCH (Dual time)



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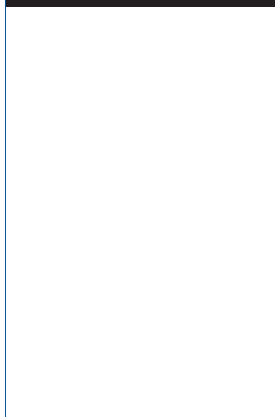




Reception method	Time adjustment	Time zone adjustment	Leap second data reception
Display	How to manually adjust the time P. 21 Automatic time adjustment P. 29	How to adjust the time zone P. 19	
Features	Time adjustment Precise current time of the set time zone is displayed	Time zone identification and time adjustment <u>Time zone where you are is identified</u> _____ _____ _____	



1 Pull out the crown to the first click



1 Pull out the crown to the second click	2 Turn the crown and set the second hand to the time zone of the destination	3 Push the crown back in

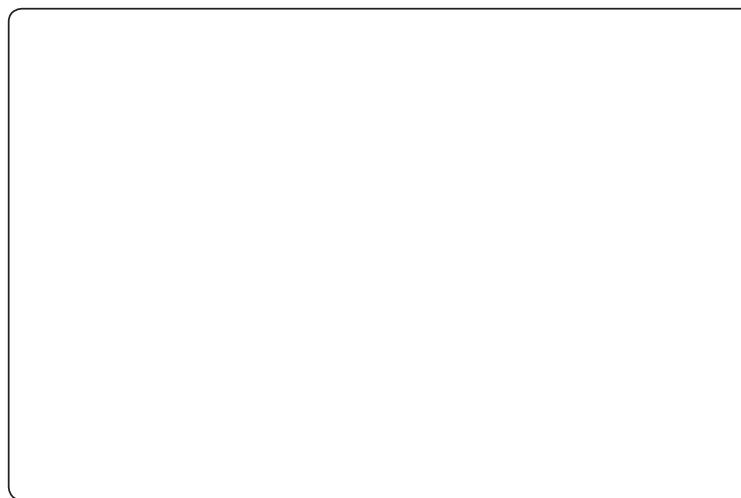




TO PRESERVE THE QUALITY OF YOUR WATCH

ASTRON 5X53 GPS SOLAR

SEIKO





Pull out the crown to the second		

4 Press Button B and then release it	5 Turn the crown to adjust the day hand (a day of week) to "SUN (Sunday)"
The second hand stops at the 7-second position. The day hand (a day of week) turns and stops to indicate the preliminary position.	↳ When "SUN (Sunday)" is displayed, go to operation ↳ The day hand turns a full circle but this is not a problem.

Press Button B and then release it

8 Press Button B and then release it	9 Continue to press Button A (3 seconds)	10 Push the crown back in	11 Set the time by receiving GPS signals



