











7 Charging time

Below are the approximate values when exposing to the light continuously.
The charging time differs depending on the color of dial or other conditions.
Use th

	The crown position	The button operation
To check a date		—
To check a month		—
To check an year		Pressing button A *2

The calendar setting has the following stages:







3-2. Press button (B).

Now you can set the ones digit.



CAUTIONS

Cautions about charging

- Excessively high temperature at charging battery may cause discoloration and deformation of the exterior, and malfunction of the movement.
- Do not charge the battery at a high temperature (about 60°C/140°F or higher).
Examples:
 - charging the battery by light such as an incandescent lamp or halogen lamp



--	--	--

- 1-2.** Press and hold **button** **Ⓑ** until the figures start moving to show the current reference position.
Check the current reference position after the figures have stopped moving.

2. Press buttons (A) and (B)



